

The *NEW* Helmet Law

What the Law Says

- ◆ The new California law requires that **anyone under 18 years of age** wear a properly fitted and fastened helmet while operating *or* as a passenger on a non-motorized **scooter, skateboard, or bicycle**, and while wearing **in-line or roller skates**.
- ◆ The law also requires that any person who rides in a seat that is attached to a bicycle or towed by a bicycle must wear a helmet.



- ✓ Fit well: level on the head, touching the head all around, and comfortably snug but not tight.
- ✓ Be comfortable to wear: cool, light, and fashionable.
- ✓ Be easy for drivers to see at night and during the day.
- ✓ Child and toddler helmets should have a buckle that holds firm in a crash **but** releases after 5 seconds of steady pull to avoid strangling. *Kids should always remove their helmets before using playground equipment or climbing trees!*

Helmet Safety Tips

Helmets save lives! While a helmet may not prevent a crash, it can prevent or significantly reduce the severity of a head injury.

SUPERVISION. Remember that a helmet is not a substitute for adult supervision. Children under 8 years should not use scooters, skates or skateboards without close adult supervision.

Helmets Should:

- ✓ Have a label that says the helmet meets the standards of either the American Society for Testing and Materials (ASTM) or the U.S. Consumer Product Safety Commission (CPSC).
- ✓ Have a strong strap that will keep it on the child's head after the first impact (car) and for the second impact (street).
- ✓ Be replaced if they become damaged, especially after a fall or impact.
- ✓ Be easy to adjust or be self-adjusting.

Helmets Should NOT:

- ☒ Move more than an inch in any direction.
- ☒ Pull off no matter how hard you try.
- ☒ Have an "aero" tail that can shove the helmet sideways in a crash and leave your head unprotected.



NO



YES