



Walkability Checklist

Questions about the school route for children and adults

On your walk...

1. a. Did you have a sidewalk or path for the whole trip? €Yes €No
- b. How many times did you have to walk off the sidewalk or path because something was in your way? _____ times

2. a. How many streets did you cross to get to school? _____ streets
- b. Who or what helped you cross the busiest street? **Circle** all that apply.
- c. Crossing guard Stop Sign Crosswalk Traffic Light
- Other people crossing the street Nothing Other: _____

3. Put an X in one box in each row to show us how many drivers:
- No drivers Some drivers Many drivers
- a. Drove slowly and safely
- b. Waited for you to cross the street
- c. Blocked the crosswalk
- d. Sped through an intersection
- e. What else did drivers do? _____

4. Circle (or write) what you liked best about your walk today:
- Getting exercise Being outside Being with friends/family
- Helping the environment Something else? _____

5. Were cars or buses dropping off other kids in your way, making it hard for you to enter the school grounds?
- Yes No

Please tell us about you:

6. a. What grade are you in? _____ b. What is your home zip code? _____

7. How do you usually get... Circle the answer for the longest part of your trip.

- | | | | | |
|-----------------------------|------|---------|-----|-----|
| a. <u>TO</u> school? | walk | bicycle | bus | car |
| b. home <u>FROM</u> school? | walk | bicycle | bus | car |

8. If you had a choice, how would you like to get to and from school?

Circle only one answer.

- | | | | |
|------|---------|-----|-----|
| walk | bicycle | bus | car |
|------|---------|-----|-----|

9. Which of the following things would allow you to walk to and from school more often?
Put an X in the box by the most important things.

More parents and other adults walking

More help crossing the street at this location: _____
for example: crossing guard or traffic signal or painted crosswalk

Sidewalk or path at this location: _____

A drop-off place closer to school so I can walk part of the way

Fewer books to carry

No scary dogs

Sidewalks are clean and not broken

Slower traffic speeds

More considerate drivers

Nothing, we prefer to drive for: (circle your answer) safety convenience

Nothing, we live too far from the school.

Other: _____



Please return this checklist to your teacher or to _____.

Thanks for your feedback!

This checklist can help your local leaders improve the quality and safety of your school route.
For more information visit our website: CA Walk to School HQ at www.caphysicalactivity.org or
call 1-888-393-0353

